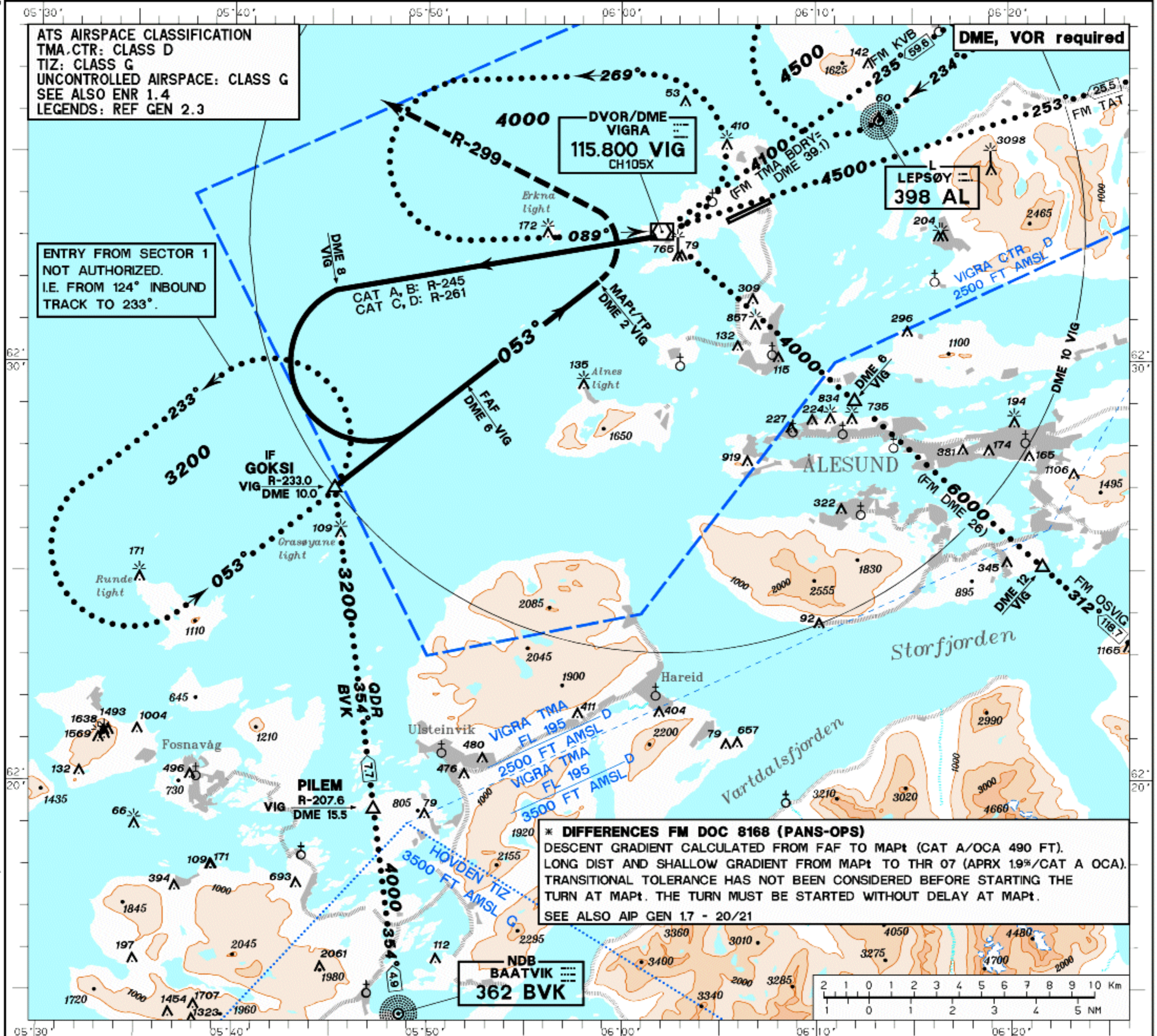
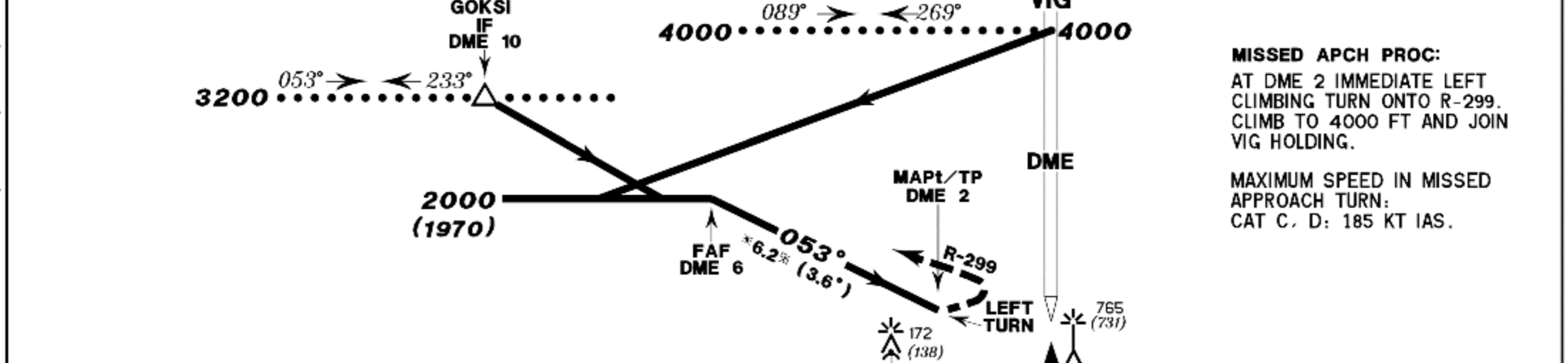


INSTRUMENT APPROACH CHART-ICAO 1:275000 	HGT RELATED TO THR 07 ELEV 34 FT. CIRCLING HGT RELATED TO AD ELEV 69 FT. ALTITUDE, ELEVATION AND HGT IN FT. BEARINGS ARE MAG.	TWR 119.850 (122.100)	APP -	VDF 119.850 (122.100)	ATIS 128.650	ÅLESUND VIGRA NORWAY VOR z RWY 07
		TA 7000	VAR 1° W (2005)			



NOTE: DESCENT GRADIENT FAF-THR 07 APRX 4.2% (2.4°)



CAT OF ACFT	NM				FINAL APPROACH				
	A	B	C	D	SPEED	TIME	ROD	DIST DME VIG	ALT (HGT)
STRAIGHT-IN	490 (460)	590 (560)	790 (760)	810 (780)	60	4:00	380	6	2000 (1970)
CIRCLING	720 (650)				90	2:40	570	5	1620 (1590)
					120	2:00	760	4	1240 (1210)
					150	1:36	950	3	860 (830)
					180	1:20	1140	2	-

NOTE: CIRCLING N OF AD ONLY TO RWY 25.

CHANGES: PROCEDURE NAME, NOTE, VAR, OBST, NDB VCA WITHDRAWN, EDITORIAL. Permission LE2 - 2545 Norwegian Mapping Authority